

**ST JOHN TOWERS
THE PLAZA PERSONAL CARE PROGRAM
CRITERIA FOR ADMISSION**

The following are criteria used in determining appropriate application to The Plaza Personal Care Program of St. John Towers.

1. Resident must ambulate independently. Resident must manage any assistive devices independently. Staff support is not provided with ambulation.
2. Resident must be aware of personal hygiene. Minimal assistance is available for hygiene care, such as: help getting in/out of tub, assistance with clothing choices, tying shoes, and buttoning buttons.
3. Residents must be continent of bowel & bladder. Residents must manage toileting independently. Staff assistance is not provided to assist with adult continence pads. Residents who require ostomy care must manage the ostomy without staff assistance.
4. Residents are encouraged to be independent in simple housekeeping and personal chores. (i.e., bed making and tidying), however, daily staff assistance with these activities is available.
5. Residents must relate positively with peers, staff and volunteers in a shared living environment.
6. Residents must be capable of self-administering medication. Staff assistance is available to residents who need assistance with eye drops, salves and creams. Residents unable to manage their medication regimen independently will provide with staff oversight as provided within state guidelines. (See medication management policy).
7. A resident's cognitive/mental functioning must be such that day-to-day activities described above continue to be managed with minimal cueing from staff.
8. Residents requiring a specialized diet must manage the diet independently. The resident's diet must be managed within the scope of our menu selections.

As physical, emotional and social needs change, a resident's ability to remain in personal care may change. Each Resident's needs are re-evaluated regularly to identify problems and determine if the personal care program continues to be an appropriate placement.